

Bouldering Supervisor Assessment [checklist version]

Name of Aspirant Supervisor: Date of Birth:

Has the customer previously had EITHER an induction session OR four independent bouldering sessions? If 'NO', do not proceed and advise the customer to return after having gained the necessary experience.

Checklist below to be completed by staff after posing the questions to the customer verbally. The aspirant supervisor must be able to answer the Essential Safety questions without prompting. Discussion of the Further Questions is permitted but the need to give advice to multiple questions should be considered indicative of the lack of experience necessary to supervisor a junior or novice. Acceptable answers are given in the accompanying documentation to this form.

A	Essential Safety	PASS/FAIL
1	Can a junior/novice be left unsupervised in any of the climbing areas?	
2	If supervising a junior/novice, should you also be on the wall at the same time as them?	
3	Does the matting under the climbing walls prevent all injuries for a falling climber?	
4a	Where would you not leave spare gear and personal belongings (inc. drinks)?	
4b	Why?	
5a	When two climbers are on the wall, which has 'right of way', the higher or lower?	
5b	Why?	
6	What is the safest way for your junior/novice to get down from the top of the wall?	
7	If you suspect your child/novice has sustained an injury, what should you do at the Centre?	
B	Further Questions	PASS/ADVICE GIVEN
8	How should your junior/novice attempt to land on the matting?	
9a	Name two common injuries that occur when climbing.	
9b	How can you prevent these injuries from happening?	
10	Name the three stages of a climbing-specific warm-up.	
11	If you see a loose or broken hold, what should you do?	
12	Name or describe a hold/grip that is stressful on the fingers.	
13	How would you 'spot' a climber on the wall?	
14a	Why would you not use the training equipment (e.g campus & hang boards, free weights) with novices?	
14b	Why is this equipment especially dangerous for juniors?	
Has the supervisor assessment been passed?		

Supervisor's declaration: I confirm that I have been briefed by or have completed an induction given to me by a member of staff at the Lakeland Climbing Centre. I confirm that the answers given reflect my knowledge and ability to supervise a novice or junior in the bouldering areas of LCC London Centres.

Signature:

Date:

Staff initials	<input type="text"/>
Staff signature	<input type="text"/>
Date	<input type="text"/>